

The Villager



Special Update for January 2017

Two events that didn't make the January Edition

CVV Mixer – Everyone Welcome

CVV Mixer

Get updated on Clayton Valley Village
Learn about the 15th Anniversary Party on Feb. 13
Sign up for CVV Bocce Team . Spring League
Great Appetizers . Happy Hour Prices

Tuesday, January 17, 4:00-6:00 pm

DIABLO VALLEY LUNCH 'N' LEARN: ARE YOUR DUCKS IN A ROW?



Join us for a Lunch 'N' Learn "Brown Bag" on Thursday, January 26

Our January topic is "Positive Aging: Are Your Ducks in a Row?" presented by Linda Fodrini-Johnson, MA, also founder of [Eldercare Services](#). Linda is a marriage and family therapist and professional Certified Care Manager who will address what you need for a long and joy-filled life, as well as the importance of planning for the journey. Linda

will also discuss legal tools, finding an advocate who can convey your wishes and values, eating well, exercising, socializing, and volunteering to keep healthy.

Please bring your own lunch, and we'll provide cookies!

Where: Clayton Community Library, 6125 Clayton Road, Clayton

When: Thursday, **January 26**, 11:30 am to 1 pm

RSVP:

Register at the Lamorinda Village website (<http://www.lamorindavillage.org>), or call **925-253-2300** by January 23 at noon. Please provide your name, phone number, and email address for registration.

This program is presented by Diablo Valley Villages (Clayton Valley, Lamorinda, and Walnut Creek Villages).